



# Schuyler County Office for the Aging

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*Service and Assistance for Seniors.....Because You've Earned It !*

## **FREE Educational Presentations Supporting Caregivers - 2011 Schedule**

**Hosted by:** Schuyler County Office for the Aging - in conjunction with the Rochester Chapter of the National Alzheimer's Association

**Location:** Schuyler County Human Services Complex  
323 Owego Street, Montour Falls, NY

All participants **MUST** be registered in order to attend these presentations.  
Please contact Shannon Slater at 535-7108.

Tuesday, <b>May 24, 2011</b>	<b>6:00pm</b> - 8pm	<b>Silver Spoon Café</b> <u>*Dinner &amp; Discovery</u>	Personal Care, Activities of Daily Living, & Remaining Independent
Tuesday, <b>September 20, 2011</b>	<b>6:00pm</b> - 8pm	<b>Silver Spoon Café</b> <u>*Dinner &amp; Discovery</u>	Family Dynamics and Conflicts, & Managing Challenging Behaviors
Tuesday, <b>November 15, 2011</b>	<b>6:00pm</b> - 8pm	<b>Silver Spoon Café</b> <u>*Dinner &amp; Discovery</u>	Caregiver Efficacy: Coping and Empowerment, & Effective Communication
Tuesday, <b>December 20, 2011</b>	<b>2:00pm</b> - 4pm	<b>Conference Room</b> <b># 115</b>	Community Resources & Meaningful Activities

\* Dinner and beverages will be provided