

Transportation available to Congregate meal sites, shopping, hospital visits, banking, post office, and more.

Trips are scheduled to the Mall, area thrift stores and for recreational outings.

Call Ric at 535-7108 for reservation.

Other Available Services: Call 535-7108

- Information & Assistance
- Personal Emergency Response System
- Caregiver's Loan Library-Books & Videos
- In-Home Aide Services
- Weatherization Referral & Assistance Program (WRAP)
- Phone Pal Program
- Nutrition Counseling
- Recreation and Education
- *Sharing Your Wishes* information
- Legal Services
- Insurance Counseling

Please call 535-7470 for info on our meal sites

Montour Falls-Mon.-Fri.,

Monterey-Tues. only,

Burdett-Wednesday only,

Tyrone-Wednesday only,

Hector-Thursday only

"Understanding Alzheimer's"

Tuesday, March 9, 2010

1:00- 3:00pm

Conference Room 115

Human Services Complex

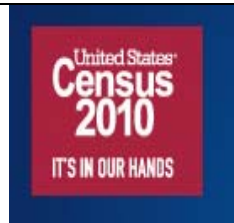
Pre-registration **required**

Call Shannon Slater at 535-7108 prior to March 5th.



MARCH 2010

OFFICE FOR THE AGING



Census information affects the numbers of seats your state occupies in the U.S. House of Representatives. People from many walks of life use census data to advocate for causes, rescue disaster victims & prevent diseases.

**Participation isn't just important...
it's mandatory!**

Gift idea for your friend or family member

Gift certificates available for the Home delivered meal program and the Congregate meal program.

Phone 535-7470 for details

Line Dancing

every

Monday-11:30am

Wednesday-7:30pm

**In the Silver Spoon Café
From beginner to advanced**

Come on in and have some fun!

Donations always appreciated!

Funding for the Office for the Aging is provided by the: Federal Administration on Aging
NYS Office for the Aging
Schuyler County and
Participant Contributions