

The older you become, the greater the risk of needing assistance in caring for yourself due to physical or mental disability. Forty percent of individuals over the age of 65 will spend time in a nursing home. Long-term care is very expensive: whether in a skilled nursing facility, in the community, or in your home. Have you thought about how you would pay for this care without depleting your assets?

Schuyler County's Long-Term Care Insurance Education and Outreach Program will offer a one-hour educational presentation about the options for long-term care services and financing. Plan to attend one of the following:



January 7, 2009 (Wednesday)

Continental breakfast served • 8:30-9:30am • Room 118 • Schuyler County Human Services Complex, 323 Owego Street, Montour Falls, NY

January 10-February 7, 2009 (Saturdays)

Five-Part Educational Series: "A Pyramid Approach to Financial Health". A link to the brochure for this series, which contains detailed information, may be found on the homepage

January 15, 2009 (Thursday)

Light refreshments • 1:30-2:30pm • Room 115 • Schuyler County Human Services Complex, 323 Owego Street, Montour Falls, NY

January 15, 2009 (Thursday)

light refreshments served • 6:30-7:30pm • Silver Spoon Café • Schuyler County Human Services Complex, 323 Owego Street, Montour Falls, NY

Registration is required. Please call the Schuyler County Office for the Aging at (607) 535-7108.