

Transportation available to Congregate meal sites, shopping, hospital visits, banking, post office etc. Trips are scheduled to the Mall, area thrift stores and for recreational outings. Call Ric at 535-7108 for a reservation or information on upcoming recreational trips

Breakfast day
at the Silver Spoon Café once per month
February 17 2012.
Serving from 8am-10am
Check menu breakfast items on our website.

PLEASE CALL 535-7470 FOR INFO ON ANY OF OUR MEAL SITES

MONTOUR FALLS-MON.-FRI.
 MONTEREY-TEMPORARILY CLOSED
 BURDETT-WEDNESDAY ONLY
 TYRONE-WEDNESDAY ONLY
 HECTOR-THURSDAY ONLY

Other Available Services: Call 535-7108

- Information & Assistance
- Personal Emergency Response System
- Caregiver's Loan Library-Books & Videos
- In-Home Aide Services
- Weatherization Referral & Assistance Program (WRAP)
- Phone Pal Program
- Nutrition Counseling
- Recreation and Education
- *Sharing Your Wishes* information
- Legal Services
- Health Insurance Counseling

FEBRUARY 2012

OFFICE FOR THE AGING
CHECK OUT OUR MENU

<http://www.schuylercounty.us/>

Donations always appreciated
 Funding for the Office for the Aging is provided by the:
 Federal Administration on Aging
 NYS Office for the Aging
 Schuyler County
 and participant contributions

OFA RECREATIONAL TRIPS

Feb 14 - Corning Thrift Shop - Van leaves at 9:00am

Suggested Ride Donation—\$2.00

Feb 28 - Rockwell Museum - Van leaves at 9:30am

Suggested Ride Donation—\$2.00

Van leaves from the HSC please park in front of building.

Be prepared to stop for lunch. You must walk independently or bring a personal aide to assist.

CALL THE SCHUYLER COUNTY OFFICE FOR THE AGING AT 535-7108 FOR MORE INFORMATION AND TO SIGN UP

HEAP

The Home Energy Assistance Program for low income eligible. For more info or to see if you qualify, call the following number: NYS HEAP Hotline at 1-800-342-3009

Do You Need Assistance with Shopping?
ASK ABOUT HAVING A VOLUNTEER TO TRANSPORT
&
ASSIST YOU WITH YOUR SHOPPING
MORE INFO ON WEB PAGE CLICK ON
NUTRITION PROGRAMS
PHONE 535-7108

CONGREGATE MEAL RESERVATIONS ARE GREATLY APPRECIATED,
PLEASE CALL-535-7470 THE DAY BEFORE YOU PLAN TO ATTEND