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Coalition News



Healthy Hearts Tabling Event

SCCUDD and STAND members volunteered at Odessa-Montour REACH's Healthy Hearts Night. Seven youth volunteers and eight SCCUDD members taught younger children about alcohol and other drugs using the Wheel of Misfortune



DFC Grant Application

SCCUDD is currently in the process of applying for our next five year Drug Free Communities grant. The coalition hired a grant writer to help facilitate the process and the SCCUDD Staff and Executive Board

over 40 students and their parents during this event.

Committee Updates

Coach's Resource: Be Aware: Vaping

What is vaping?

- Vaping (or JUULing) is the use of e-cigarettes, a product that often contains nicotine and may also contain other drugs.
- Vaping devices produce an aerosol when the inserted liquid is heated.
- E-cigarettes come in a wide range of sizes. Some look like cigarettes while others look like USBs or pens.
- They often smell of fruit or candy due to flavoring.
- Examples: Mods, pipes, pens, e-cigs, e-hookers, JUULs.

Who is vaping?

- Nationally, e-cigarette use is growing quickly, as of 2017, 21% of U.S. 12th graders had vaped.
- It is mostly portrayed in social media and used by a wide range of high school social circles, including athletes.
- Because devices are easy to conceal, they are often used in school bathrooms, locker rooms and even classrooms.

Vaping is relatively new to many teens, so not everyone may know how to use it. Some teens think it is only used to vape and do not know that one can use it to inhale nicotine, many nicotine, or a blend of cigarettes, can be used, when used, always as a risk.

What is the danger?

- Nicotine use can impair prefrontal brain development in teens, leading to attention deficit disorder and poor impulse control.
- Some e-cigarettes generate significant amounts of formaldehyde, a carcinogen.
- The vapor contains known carcinogens and toxins as well as potentially harmful consequences from the vaporizer.

What can coaches do?

- Coaches need to alert their stance on vaping clear and ensure athletes know it is not allowed.
- Most athletes do not know the dangers of vaping. Coaches need to inform athletes of the risks.
- Do not force consent plans to vape or use e-cigarettes. If students do not hear from coaches on these issues, they will assume they are acceptable.
- Ask older non-vaping athletes to tell younger athletes why they abstain and encourage positive peer pressure.

The Guinea Pig
Cancer Cell Line

Because they are new, there is no data on long-term use. However, the CDC has not yet been able to determine if these devices are safe. The CDC has not yet been able to determine if these devices are safe. The CDC has not yet been able to determine if these devices are safe.

Facts and Fiction

- E-cigarettes are as addictive as other traditional cigarettes, but they pose many dangers to health and often lead to smoking tobacco.
- Many flavored e-cigarettes, often marketed to young people, contain a chemical compound (diacetyl) that can cause permanent damage to the respiratory system.

VAPING

Understanding the Risks

- Individuals should be 18 to purchase e-cigarettes.
- Smoking is not safe for anyone, even if they have never smoked before.
- Use of any tobacco product can lead to lung cancer, heart disease, and other health problems.
- E-cigarettes contain nicotine, which is highly addictive.
- Some e-cigarettes contain other chemicals that can be harmful to health.
- E-cigarettes are not safe for pregnant women.
- E-cigarettes are not safe for children.
- E-cigarettes are not safe for people with heart disease.
- E-cigarettes are not safe for people with lung disease.
- E-cigarettes are not safe for people with asthma.
- E-cigarettes are not safe for people with diabetes.
- E-cigarettes are not safe for people with high blood pressure.
- E-cigarettes are not safe for people with other chronic conditions.

Prevention

- Created a resource packet for coaches to raise awareness of substance abuse and provide resources for student athletes.
- Presented to Watkins Glen and Odessa-Montour faculty on e-cigarettes and JUUL.
- Collaborated with Odessa-Montour REACH to provide Catch My Breath tobacco education and the Too Good For Drugs Program promoting a drug free lifestyle.

TOBACCO-FREE OUTDOORS



Implementation

- SCCUDD members attended a Montour Falls Village Board meeting and provided information on creating a Tobacco Free Outdoors (TFO) policy. Montour Falls Village Board voted to draft a TFO policy.
- Planning presentations to key community stakeholders to promote beer gardens for community festivals.

Assessment

- Epiphany Community Services will be providing the 2019 youth survey which will be conducted in the spring.
- Logic models were reviewed and updated.
- The committee will be looking into alternative data collection methods



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community survey.



Opioid Task Force

- DisposeRx Program is running smoothly and new community partners such as CareFirst and Schuyler Hospital are working to distribute drug deactivation packets to the community. Over 300 packets have been distributed so far.
- Working with Regional Opioid Task Force to improve data collection and mapping of opioid overdose.

Would you like to join a committee? [Click here.](#)





CADCA National Leadership Forum

Five youth from STAND attended a week-long CADCA National Leadership Forum in Washington D.C at the beginning of February. As part of this conference, the students were able to meet with a staff member of Representative Tom Reed and with Senator Charles Schumer. The students also took courses in leadership, prevention themed social media, and public speaking. Be on the lookout for a video presentation about the event coming soon.



STAND Member Receives Legislative Award

Amber Updike, a junior at the Greater Southern Tier STEM Academy and member of STAND recently met with state lawmakers in Albany to discuss tobacco control legislation. While in Albany, she was awarded an honorable mention for Youth Advocate of the Year. This statewide award celebrates the work of youth leaders who have taken action to hold tobacco companies accountable for marketing to youth. Amber works closely with the group Reality Check to provide public education, peer to peer training, and outreach to policy makers.

Announcements

NEXT COALITION MEETING
TUESDAY MARCH 19TH, 2019
3:00PM - 4:30PM
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