

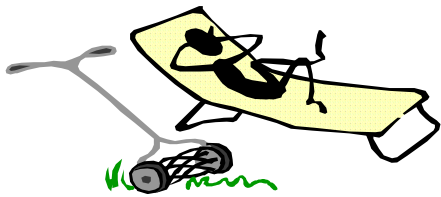
# 2010 AUGUST

ALL MEALS SERVED AT 12:00PM

## SILVER SPOON CAFÉ CENTRAL, EAST, & WEST

NOTE: MENU SUBJECT TO CHANGE

FOR RESERVATIONS CALL 535-7470 BY 9AM

MON	TUE	WED	THU	FRI
2 CHICKEN W/ SAVORY SAUCE CARROTS W/ PARSLEY BEAN SALAD WHIPPED POTATOES FRUIT	3 SLICED HAM COLDPLATE MACARONI SALAD PINEAPPLE SALAD BRAN MUFFIN PUDDING W/ TOPPING	4 STUFFED PEPPERS W/ SAUCE CREAMED CORN CHILLED JUICE PARSLEY POTATOES FRUIT	5 TURKEY AND GRAVY ON A BISCUIT STEAMED BROCCOLI TOSSED SALAD JELLO W/ BANANAS <i>HECTOR SITE CLOSED</i>	6 MACARONI AND CHEESE STEWED TOMATOES PEAR SALAD COOKIE
9 CHICKEN DIVAN VEGETABLE MEDLEY CINNAMON APPLESAUCE BROWN RICE CAKE	10 PASTA W/ MEAT SAUCE TOSSED SALAD TROPICAL FRUIT CUP GARLIC BREAD ICE CREAM	11 ROAST PORK SUMMER SQUASH BEET & ONION SALAD CHILLED JUICE WHIPPED POTATOES/GRAVY FRUIT	12 TASTY BEEF PATTY W/ BUN MIXED VEGETABLES OVEN-BROWNED POTATOES FRUIT AMBROSIA  <i>HECTOR SITE CLOSED</i>	13 FISH MORNEY GREEN BEANS CREAMY COLESLAW BAKED POTATO FRUIT
16 HAM & SCALLOPED POTATOES BABY CARROTS 3 - BEAN SALAD WHOLE GRAIN BREAD FRUIT	17 TURKEY ALA KING SWEET PEAS *TOMATO/CHICK PEA SALAD BROWN RICE GINGERBREAD / TOPPING	18 HAM SALAD COLDPLATE PASTA/VEGGIE SALAD CHILLED PEACHES CHILLED JUICE OATMEAL MUFFIN RICE PUDDING	19 <b><u>ANNUAL PICNIC</u></b> BBQ CHICKEN BAKED BEANS MACARONI SALAD CHILLED JUICE/DINNER ROLL CHEF'S CHOICE	20 ZUCCHINI QUICHE BRUSSELS SPROUTS V8 JUICE PARSLEY POTATOES FRUIT
23 CHICKEN PASTA PRIMAVERA STEAMED SPINACH BEET & ONION SALAD WHOLE WHEAT BREAD FRUIT	24 SWISS STEAK/ GRAVY SCALLOPED CORN COLORFUL COLESLAW CHILLED JUICE BAKED POTATO / FRUIT	25 TURKEY RICE CASSEROLE GRAVY CARROTS W/ PARSLEY TOSSED SALAD JUICE MULTI-GRAIN BREAD BIRTHDAY CAKE	26 MEATLOAF / GRAVY STEAMED CAULIFLOWER FRUIT SALAD WHIPPED POTATOES ICE CREAM	27 TUNA SALAD COLDPLATE MARINATED VEGETABLE SALAD ROSY APPLE RELISH WHOLE GRAIN MUFFIN PUDDING W/ TOPPING
30 PEPPER STEAK VEGETABLE MEDLEY CORN SAUERKRAUT SALAD WHIPPED POTATOES WHOLE GRAIN BREAD FRUIT	31 SWEDISH MEATBALLS/ SAUCE PASTA SUMMER SQUASH CARROT/RAISIN SALAD CHILLED JUICE MELON CUP	* NEW MENU ITEM		<i>Age 60 and over:</i> SUGGESTED DONATION FOR EACH MEAL IS \$2.50. THIS DONATION IS VOLUNTARY AND CONFIDENTIAL. <i>Guests under age 60:</i> REQUIRED \$5.00 CHARGE